

NUTRITIONAL INFORMATION (Approx. values)		
Prohance D	Unit	Powder(per 100gm)
Energy	kcal	454
Protein	gm	20.2
Carbohydrate	gm	46.1
Sugar	gm	0
Dietary Fiber	gm	8.1
FOS (Fructo-oligosaccharides)	gm	3.5
Fat	gm	19.2
Saturated Fatty Acids	gm	2.3
Monounsaturated Fatty Acids	gm	11.2
Polyunsaturated Fatty Acids	gm	3.6
Linoleic acid	gm	3
Alpha Linolenic acid	mg	465
Trans Fatty Acids	gm	0
Cholesterol	mg	0
Vitamins		
Vitamin A (from Acetate)	µgRE	270
Vitamin A (from Beta-carotene)	µgRE	80
Vitamin D ₂	µg	4.5
Vitamin E	mgTE	5.6
Vitamin K ₁	µg	24
Vitamin C	mg	36
Vitamin B ₁	µg	750
Vitamin B ₂	µg	750
Vitamin B ₆	µg	800
Vitamin B ₁₂	µg	1.1
Niacin	mg	6.1
Folic acid	µg	82
Pantothenic acid	mg	3
Biotin	µg	14.5
Minerals		
Sodium	mg	320
Potassium	mg	500
Chloride	mg	305
Calcium	mg	290
Phosphorus	mg	200
Magnesium	mg	50
Iron	mg	4.2
Zinc	mg	3.5
Copper	mg	0.6
Manganese	µg	980
Iodine	µg	50
Selenium	µg	16.5
Chromium	µg	27
Molybdenum	µg	35
Other Nutrients		
Taurine	mg	45
Carnitine	mg	46
Choline	mg	170
Inositol	mg	350